



## Sailing Instructions 45<sup>th</sup> Minnow National Championships 2024 4<sup>th</sup> to 9<sup>th</sup> April 2024



# Organising Authority: The Cruising Yacht Club of WA in conjunction with the Minnow Association of WA (MAWA)

Version 1

#### 2024 WA Minnow National Championships



#### **SAILING INSTRUCTIONS**

- AS Australian Sailing
- RRS The current Racing Rules of Sailing as published by World Sailing
- [SP] Denotes a rule for which a standard penalty may be applied by the Race Committee (RC) without a hearing. The RC may still protest a boat when they consider the SP to be inappropriate. A boat may request redress if it believes the application of the standard penalty to be improper (This changes RRS 64.1)
- [NP] Denotes that a breach of this rule will not be grounds for protest by a boat. (This changes RRS 60.1(a))
- [DP] Denotes a rule of which the penalty is at discretion of the Protest Committee and may be less than disqualification. (This changes RRS 64.1)

#### 1. RULES

- 1.1 The regatta will be governed by
  - The rules as defined in The Racing Rules of Sailing (RRS 2021-2024).
  - Prescription and Regulations of Australian Sailing (AS).
  - The Minnow Class Rules.
- 1.2 The following racing rules (RRS) are modified in accordance with RRS 86 as follows.
  - 1.2.1 The Two-Turns Penalty is replaced by the One-Turn Penalty for all races (This changes RRS 44.1)
- 1.3 The Minnow Novice Fleet will be governed by the World Sailing Introductory Rules of Sailing (refer to attachment C).
- 1.4 Arbitration will be conducted in accordance with Appendix T.
- 1.5 Novice Fleet
  - 1.5.1 The Novice fleet is to encourage participation and enjoyment of the State Championships for the inexperienced sailors. It is expected that sailors skilled enough to sail in the Open fleet shall do so to maintain the spirit of the Novice.
  - 1.5.2 Final acceptance into the Novice fleet will be made after the invitation race by the State President of Western Australia (or their nominated representatives) in conjunction with the RC chairman.
  - 1.5.3 Novice Fleet shall wear a yellow Novice Fleet vest (supplied by the organising authority) to indicate they are participating in the novice division.
  - 1.5.4 Coaching is allowed on the Novice course by official coach boats appointed by the Western Australian Minnow Class Association Committee.

#### 2. NOTICES TO COMPETITORS

2.1 Notices to competitors will be posted on the official sailing notice board located at TCYC.

#### 2024 WA Minnow National Championships



#### 3. CHANGES TO SAILING INSTRUCTIONS

3.1 Any change to the sailing instructions will be posted no later than 45 Minutes before the start time of any race it will affect, except that any change to the schedule of races will be posted by 1800 on the day before it will take effect.

#### 4. SIGNALS MADE ASHORE

- 4.1 Signals made ashore will be displayed at the flag mast located in front of TCYC.
- 4.2 When flag AP is displayed ashore, '1 minute' is replaced with 'not less than 45 minutes' in the race signal AP.
- 4.3 When Code Flag 'D' is displayed ashore, no boats are permitted to leave the shore. **[DP]**
- 4.4 When a fleet flag is displayed, the instruction will refer to that fleet only.



#### **2024 WA Minnow National Championships**



#### 5. SCHEDULE OF RACES

5.1 The schedule of race sessions will be as follows:

Date	Time	Event
Thu 4th Apr	1000hrs – 1800hrs	Competitor Registration & Measurement
	1000hrs – 1800hrs	Volunteer Registration
	1000hrs – 1800hrs	Coach & support boat registration
	1800hrs	Welcome Dinner & Trivia Night at TCYC (see NoR
		18.3)
Fri 5th Apr	0800hrs – 0830hrs	Volunteers Briefing
	From 0800hrs	Rigging
	0830hrs – 0930hrs	Competitors Briefing
	1030hrs (1st warning)	Invitational race
	On completion Invitational race	Lunch (options available for purchase at TCYC)
	1330hrs (1st warning)	Race Session 1
Sat 6th Apr	From 0800hrs	Rigging / Breakfast
	0930hrs (1st warning)	Race Session 2
	On completion Race Session 2	Lunch (options available for purchase at TCYC)
	1400hrs (1st warning)	Race Session 3
Sun 7h Apr	From 0800hrs	Rigging / Breakfast
	0930hrs (1st warning)	Race Session 4
	On completion Race Session 4	Lunch (options available for purchase at TCYC)
	1400hrs (1st warning)	Race Session 5
Mon 8th Apr		Lay Day
Tue 9th Apr	0800hrs	Rigging / Breakfast
	0930hrs (1st warning)	Race Session 6
	On completion Race Session 6	Lunch (options available for purchase at TCYC)
	1400hrs (1st warning)	Race Session 7
	1800hrs	Presentation Dinner at TCYC (see NoR 18.4)
	•	•

- 5.2 A maximum of 14 races will be sailed
- 5.3 A maximum of 3 races may be sailed in a session if necessary.
- 5.4 Under normal sailing and weather conditions it is not expected that more than 4 races will be sailed on any race day. An additional race may be sailed if necessary, provided the fleet does not become one race ahead of schedule and the change is made to the sailing instructions
- 5.5 For back-to-back racing the Warning Signal for the next race in the session will be made as soon as possible after the finish of the preceding race.
- 5.6 On Tues 9<sup>th</sup> April, no warning signal will be made after 16:45.

#### 2024 WA Minnow National Championships



#### 6. CLASS FLAGS

- 6.1 Open Fleet class flag will be a black minnow emblem on a blue background.
- 6.2 Novice Fleet class flag will be a blue minnow emblem on a white background.

#### 7. RACING AREAS

- 7.1 The racing area will be on the waters in front of TCYC.
- 7.2 Open and Novice Fleets will race on same courses with same start and finish lines. See Attachment B for approximate location.

#### 8. THE COURSE

- 8.1 Courses are detailed in Attachment A.
- 8.2 Courses for each fleet will be designated at or before the warning signal by displaying the international numeral pennant, Course signals are shown on SI Attachment A.

#### 9. MARKS

- 9.1 Marks 1, 2 & 3 will be Orange conical buoys.
- 9.2 Marks 4 & 5 will be Green conical buovs.
- 9.3 The starting and finishing pin end mark will be an orange float with an orange flag.

#### 10. THE START

- 10.1 Races will be started by using RRS 26.
- 10.2 The start line will be between a staff displaying an orange flag on the Signal Boat at the starboard end and a pin buoy displaying an orange flag at the port-end.
- 10.3 A boat starting later than 4 minutes after her starting signal will be scored Did Not Start without a hearing. This changes RRS A4 & A5.

#### 11. CHANGE OF THE NEXT LEG OF THE COURSE

11.1 To change the next leg of the course, the race committee will lay a new mark (or move the finishing line) as described below and remove the original mark as soon as practicable. When in a subsequent change a new mark is replaced, it will be replaced by an original mark.

#### 12. THE FINISH

12.1 The finish line will be between a staff displaying an orange flag on the Signal Boat at the starboard end and a pin buoy displaying an orange flag at the port end.

#### 2024 WA Minnow National Championships



#### 13. PENALTY SYSTEM

- 13.1 For Open Fleet Rule 44.1 is changed so that the Two-Turns Penalty is replaced by the One-Turn Penalty.
- 13.2 Appendix T Arbitration shall apply.

#### 14. TIME LIMITS

- 14.1 The Target Time is 40 minutes.
- 14.2 Boats failing to finish within 30 minutes after the first boat sails the course and finishes will be scored Did Not Finish without a hearing. This changes RRS 35, A4, A5.

#### 15. RETIREMENT and OUTSIDE ASSISTANCE: [DP] [NP]

- 15.1 Any boat retiring from a race shall, where possible, notify an official race committee vessel prior to returning to shore. Should a boat be unable to notify a race committee vessel they shall advise the Race Office immediately on returning ashore, sign off and complete the Retirement Form within the protest time limit. [DP]
- 15.2 A boat receiving outside assistance shall report that assistance to the Race Office and complete the Outside Assistance Form within the protest time limit. [DP]

#### **16. PROTESTS AND REQUESTS FOR REDRESS**

This section (SI 16) does not apply to the Novice Fleet, as protests are not allowed.

- 16.1 Protest forms are available at the sign on/sign off desk at TCYC.
- 16.2 Protests and requests for redress shall be delivered to the Race Office within the protest time limit.
- 16.3 The protest time limit is 60 minutes after the last boat has finished the last race of the session in which the protest occurred.
- 16.4 Notices will be posted no later than 30 minutes after the protest time limit to inform competitors of hearings in which they are parties. Hearings will be held in the TCYC Race Office, or at another venue posted with the protest time, beginning at the time posted.
- 16.5 Notices of protests by the race committee or protest committee will be posted to inform boats under RRS 61.1(b).
- 16.6 On the last scheduled day of racing a request for redress based on a protest committee decision shall be delivered no later than 30 minutes after the decision was posted. This changes RRS 62.2.
- 16.7 Breaches of SI's marked (NP) will not be grounds for protest by a boat. This changes RRS 60.1(a).

#### **2024 WA Minnow National Championships**



#### 17. SCORING

- 17.1 The low point scoring system of RRS Appendix A will apply.
- 17.2 Four races are required to be completed to constitute a series.
- 17.3 When fewer than 6 races have been completed, a boat's series score will be the total of her race scores.
- 17.4 When 6 or 7 races have been completed, a boat's series score will be the total of her race scores excluding her worst score.
- 17.5 When 8 or more races have been completed, a boats series score will be the total of her race scores excluding her two worst scores.

#### 18. SAFETY REGULATIONS, SIGNING ON & SIGNING OFF [NP]

#### 18.1 **Sign On [SP]**

All competitors must personally sign on prior to commencement of each race session. The sign on sheet is at the official notice board.

#### 18.2 **Sign** Off **[SP]**|

After each race session all competitors must sign off no later than 60 minutes from the finishing time of the last boat of the session (same as protest time limit).

- 18.3 Competitors retiring from or failing to start or finish in any race shall sign off as soon as possible after returning to the beach and also complete the declaration "DNF" or "DNS" on the sheet provided.
- 18.4 Competitors who do not intend to race in the first race of any session but do intend to race in any subsequent races in that session must advise the Regatta Office that they wish to sign on for the subsequent race/s of that session only.
- 18.5 Boats failing to comply with SI 18.1 and 18.2 will be subject to a scoring penalty of 5 points for each indiscretion to be applied to the race closest to each indiscretion, without a hearing. This changes RRS 63.1, A4 and A5.
- 18.6 Competitors shall comply with any reasonable request from a race management official.

#### 19. REPLACEMENT OF EQUIPMENT [DP]

19.1 Substitution of damaged or lost equipment will not be allowed unless authorised by the Race Committee. Requests for substitution shall be made in writing to the Race Committee at the first reasonable opportunity. Before the race it affects.

#### 20. EQUIPMENT AND MEASUREMENT CHECKS [DP]

20.1 Measurements will be carried out as per the schedule. A boat or its equipment may be inspected at any time for compliance with the class rules and sailing instructions. On the water, a boat may be instructed by a Race Committee equipment inspector or measurer to proceed immediately to a designated area for inspection.

#### 21. OFFICIAL BOATS

21.1 Official support boats will be marked with a green and white support flag.

## Minnow Sailing Association

#### **2024 WA Minnow National Championships**



21.2

#### 22. SUPPORT BOATS [DP][NP]

- 22.1 This SI does not apply to the Novice Fleet.
- 22.2 Team leaders, coaches and other support personnel shall stay outside of the restricted racing area (unless requested by the race committee) from the time of the preparatory signal until all boats have finished, retired or the Race Committee signals a postponement or abandonment. The race committee will protest any support boat infringing in the racing area.
- 22.3 The restricted race area is defined as the area bounded by the area 100m outside the course marks and 100m clear of any boats racing.

#### 23. RADIO COMMUNICATION [DP][NP]

23.1 Except in an emergency a boat that is racing shall not make voice or data transmissions that is not available to all boats. This restriction also applies to mobile telephones.

#### 24. PRIZES

- 24.1 **Open Fleet** The overall winner of the Open Fleet will be awarded the WA Minnow Champion Perpetual Trophy. Prizes will be awarded to the top three overall place getters of the Open Fleet.
- 24.2 **Junior Fleet** Prizes will be awarded to the first three place getters of the Junior Fleet.
- 24.3 **Novice Fleet** Prizes will be awarded to the top three overall place getters of the Novice Fleet.

Additional prizes may be awarded at the discretion of the Minnow Association of WA.

#### 25. DISCLAIMER OF LIABILITY

25.1 Competitors participate in the regatta entirely at their own risk. See rule 3, Decision to Race. The organizing authority, its associates and appointees will not accept any liability for material damage or personal injury, or death or inconvenience sustained in conjunction with or prior to, during, or after the regatta.

#### **26. INSURANCE**

26.1 Each participating boat shall be insured with valid third-party liability insurance with a minimum cover of \$10,000,000 per incident or the equivalent. By signing the entry form, guardians are deemed to have made a declaration that the boat has such cover.



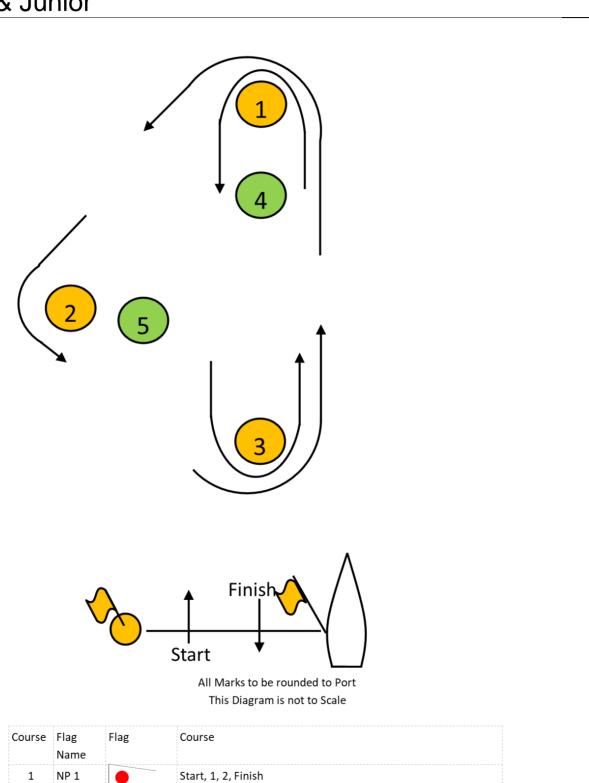


#### Attachment A

## Open & Junior

NP 2

N P3



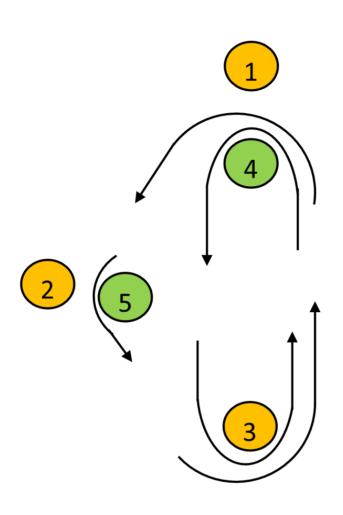
Start, 1, 2, 3, 1 Finish

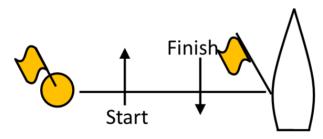
Start, 1, 2, 3, 1, 3, 1, 2 Finish





## Novice





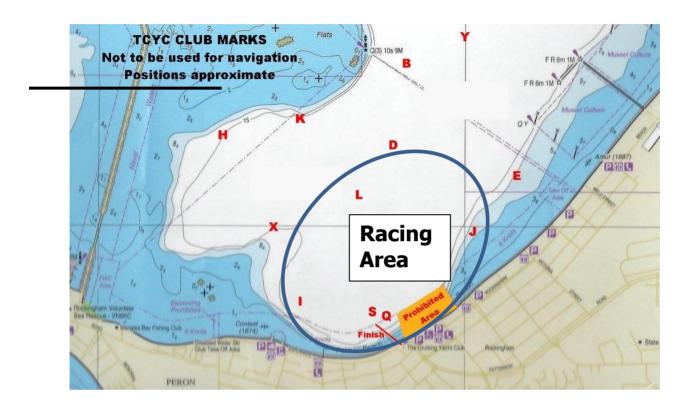
All Marks to be rounded to Port This Diagram is not to Scale

Course	Flag Name	Flag	Course
1	NP 1		Start, 4, 5, Finish
2	NP 2		Start, 4, 5, 3, 4 Finish
3	N P3		Start, 4, 5, 3, 4, 3, 4, 5 Finish

#### **2024 WA Minnow National Championships**



#### **Attachment B - Racing Areas**





#### **2024 WA Minnow National Championships**

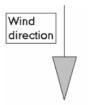


#### **Attachment C**

## **Introductory Rules for Racing**



Version 1.01 - February 2008



#### Some Explanations

**Windward** and **Leeward**: The *leeward* side of your boat is the side where your mainsail lies. The *windward* side is the other side.

**Port and Starboard tack:** You are on *port* or *starboard tack* according to your *windward* side.

**Advisor:** A person appointed by the race organizers to assist competitors in understanding the rules and, when appropriate, to penalize a boat.

#### Basic Rules

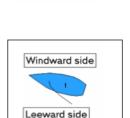
- 1. You must comply with the principles of good sportsmanship.
- 2. You must try not to collide with another boat.

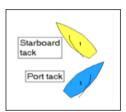
#### Rules When Boats Meet

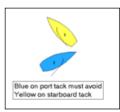
- 3. When you and the other boat are on opposite *tacks*, if you are on *port tack* you must avoid the boat on *starboard tack*.
- 4. When you and the other boat are on the same *tack*, you must avoid the other boat
  - (a) if she is in front of you, or
  - (b) if she is on your *leeward* side.
- 5. After starting, when you and the other boat approach a mark or an object that both boats need to avoid, and the other boat is between you and the mark or other object, you must give her sufficient space to pass it safely on the same side. However, when the boats are on opposite tacks at a windward mark, this rule does not apply.
- 6. When the other boat is required to avoid you, if you change course, you must give the other boat an adequate opportunity to avoid you.

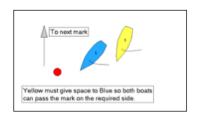
#### Other Rules

- 7. At the starting signal you must be behind the starting line.
- 8. After the starting signal, you must sail the course described by the race organizers.
- 9. You must not touch a mark of the course.
- 10.If you think you or another boat has broken a rule or if you are unclear about the rules at any time during the race, you must describe the incident to the *advisor*









## Minnow Sailing Association

#### **2024 WA Minnow National Championships**



after the race. The *advisor* may then add two points to the score of any boat that has broken a rule. If the offence is serious, the *advisor* may add extra points to the boat's score.

#### Responsibilities of Race Organizers

- (a) To run fair, enjoyable and safe races.
- (b) To inform all the competitors about the sequence of starting signals, the starting and finishing lines, the course to be sailed and the marks to be rounded.
- (c) To score each boat points equal to her finishing position, after adjusting for handicaps when appropriate.
- (d) To appoint an *advisor* on the rules and procedures for racing.

#### Introduction and Use

These rules are designed to stand on their own so that sailors who are starting to race can compete using only these few rules and without the need to learn the many details of the ISAF Racing Rules of Sailing (RRS). They are appropriate for small boats in sheltered waters; they are not intended for boats over 6 metres (20 feet) long when an experienced person should be alongside and able to instruct the novice helm. These rules are compatible with the principles and fundamental rules in the RRS. However, they are neither a guide to nor an abbreviated form of the RRS.

The rules are intentionally minimalist and they omit as many complications of the RRS as possible. They are written for sailors who are starting to race and with no more than 2 years of racing experience. After this period these sailors should be encouraged to sail races under the Racing Rules of Sailing.

Boats racing under these rules should race on their own course and should not share the course area or marks with boats racing under the RRS.

Unlike normal racing, there is an obligation on the race organisers to verbally brief all competitors about the marks, the course and all relevant race management matters.

The role of rules advisor is a vital part of teaching the rules. Ideally the rules advisor should be afloat and should watch the racing but, as a minimum, the advisor must be available for discussion immediately the sailors return ashore. The rules advisor may be the same person as the race officer.

The standard penalty for breaking a rule is necessarily small at this learning stage and the difficulties of penalty turns are avoided. As it is only the advisor that imposes a penalty, possible pressure on a less confident competitor while racing is avoided. Note this two place penalty applies to all errors (including starting and course errors) although there is provision for increasing the penalty to avoid any advantage being gained from the error.

#### **Feedback**

These rules are 'experimental'. Please let ISAF have your comments, criticisms and suggestions at <a href="www.sailing.org/contactisaf">www.sailing.org/contactisaf</a>. The rules will be updated as required and the latest version published on the ISAF website <a href="www.sailing.org">www.sailing.org</a>.